

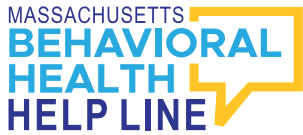
Mental Health Medication Community Resources



BOSTON REGION



Free Assistance Helplines



Behavioral Health Help Line

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. Call or Text 833-773-2445

The Massachusetts Substance Use Helpline

The Helpline provides the public with resource information about harm reduction, treatment, and recovery services for Substance Use Disorder available in Massachusetts and a warm hand-off to these programs when needed. Phone number: 800-327-5050. Website: helplinema.org.



BMC Addiction Warmline

The Warmline assists in providing rapid access to medications to treat opioid and alcohol use disorders including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), and other medications for alcohol use disorder and linkage to treatment on demand (including methadone) and referral to long term treatment. Phone number: 617-414-4175.



SafeSpot

SafeSpot provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that they are safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services.

Phone number: 800-972-0590. Website: safe-spot.me.



988

988 provides free, confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Phone Number: 988. Website: 988lifeline.org



Community Behavioral Health Centers Mental health medications available

Boston Medical Center CBHC	800-981-4357
85 E Newton St, Boston	
North Suffolk Community Services	888-309-1989
14 Porter St, East Boston	
Cambridge Health Alliance CBHC	833-222-20304
1493 Cambridge St, Cambridge	

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Faulkner - Addiction Recovery Program Inpatient	
1153 Centre St. 6-North, Boston	617-983-7060, ext. 2
Steward St. Elizabeth Medical Center of Boston - SECAP	
736 Cambridge St., Boston	617-789-2574
Andrew House Boston	6173185600
170 Morton St. 4, South Boston	
Arbour - North 2 Dual Diagnosis Unit	833-310-2687
49 Robinwood Avenue Boston	
Bournewood Hospital	617-469-0300
300 South Street Brookline	
Dimock Substance Abuse Treatment Services C.H.C.	
41 Dimock Street, Boston	617-442-8800 ext. 1320
HRI Hospital Dual Diagnosis Unit	
227 Babcock Street, Brookline	617-390-1320

Mental Health Medication Community Resources

BOSTON REGION



Outpatient Programs

Mental Health Medications, Naltrexone and/or Buprenorphine Available

Addiction Treatment Center of New England (OP) 77-F Warren Street Building #5	617-254-1271	Gavin Center for Recovery Services Outpatient 210 Old Colony Ave.	617-268-5000
Arbour Counseling Center (Allston) 14 Fordham Road	617-782-6460	Intensive Outpatient Substance Treatment 55 Warren Street	617-541-1829
Arbour Counseling Jamaica Plain 157 Green St.	617-524-1120	Joseph Nee Collaborative Center (BPHC) 1226 Colombia Rd A, South Boston	617-534-9500
Casa Esperanza's Familias Unidas 245 Eustis St.	617- 445-1123	Mattapan Community Health Center 1575 Blue Hill Ave	617-296-0061
Children's Adolescent Substance use and Addiction Program (ASAP) 2 Brookline Place Children's Hospital Boston - 2 BP	617-355-2727	Noddles Island Multi-Service Agency 14 Porter St.	617-569-7310
Codman Square Health Center Substance User Health Services 637 Washington Street	617-825-9660	Steward St. Elizabeth Medical Center of Boston - SECAP Outpatient 736 Cambridge Street, CCP 10	617-789-2574
East Boston Addiction Services 79 Paris Street	617-568-6260	Upham's Corner Health Center Addiction Services 415 Columbia Road	617-287-8000
Faulkner Hospital- Addiction Recovery 1153 Centre Street 2nd floor	617-983-7474	West End Clinic Addiction Services (MGH) 100 Blossom Street, Cox-1	617-724-2480
		Whittier Street Health Center 1290 Tremont Street Whittier Street Health Center	617-427-1000

Scan here for MA Harm Reduction Program locations (includes naloxone and syringe services)





ALERT

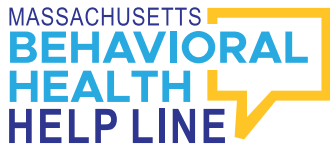


INDIVIDUALS NEEDING SERVICE DUE TO PROVIDER DISRUPTION



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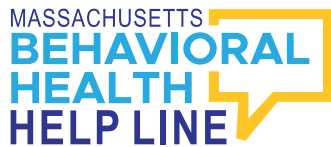


ALERT



I've lost access to my mental health medication. What do I do next?

1 Call:



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OR

2 Connect with:



Community Behavioral Health Center Mental health meds available

Community Behavioral Health Centers (CBHCs) are one-stop shops for a wide range of mental health and substance use services and treatment. The statewide network of CBHCs includes centers across Massachusetts that offer immediate, confidential care for mental health and substance use needs.

Crisis services are available around the clock for anyone in Massachusetts who feels they may be experiencing a mental health crisis. This 24/7 in-person crisis support can be used by anyone in Massachusetts, whether or not they have health insurance. CBHCs also offer day-to-day mental health and substance use services which are covered by all MassHealth plans and some commercial insurance plans. Find your local CBHC at mass.gov/CBHCs.



Benzodiazepine Withdrawal

Patients are prescribed benzodiazepines to improve anxiety, insomnia, or muscle spasm. They are used to treat active seizures and alcohol withdrawal. Common benzodiazepines brands include Klonopin, Ativan, Xanax, and Valium. Daily use of benzodiazepines can lead to physical tolerance. When benzodiazepines are stopped abruptly, withdrawal symptoms can be moderate, severe, or even fatal. These symptoms include: anxiety, tremors, irritability, insomnia, nausea/vomiting, heart palpitations, seizures, hallucinations, and death. Some patients may attempt to get benzodiazepines outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.

Stimulant Medication Withdrawal

Patients are prescribed stimulants for attention deficit disorders. Stimulant medications increase blood pressure, respiration, and heart rate. Common stimulant brands include: Ritalin, Adderall, Concerta, Vyvanse, and Dexedrine. Withdrawal symptoms include depressed mood, poor energy, anxiety, and cravings. While stimulant withdrawal seldom has life-threatening consequences, it can be emotionally and physically taxing and last up to 5 months. Some people may attempt to obtain stimulant medications outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.