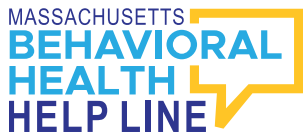


Mental Health Medication Community Resources

CENTRAL REGION



Free Assistance Helplines



Behavioral Health Help Line

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. Call or Text 833-773-2445

The Massachusetts Substance Use Helpline

The Helpline provides the public with resource information about harm reduction, treatment, and recovery services for Substance Use Disorder available in Massachusetts and a warm hand-off to these programs when needed. Phone number: 800-327-5050. Website: helplinema.org.



BMC Addiction Warmline

The Warmline assists in providing rapid access to medications to treat opioid and alcohol use disorders including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), and other medications for alcohol use disorder and linkage to treatment on demand (including methadone) and referral to long term treatment. Phone number: 617-414-4175.



SafeSpot

SafeSpot provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that they are safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. Phone number: 800-972-0590. Website: safe-spot.me.



988

988 provides free, confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Phone Number: 988. Website: 988lifeline.org



Community Behavioral Health Centers Mental Health Medication Available

Riverside Community Care	800-294-4665
176 West St., Milford	
Community Healthlink	
12 Queen St., Worcester	866-549-2142
40 Spruce St., Leominster	800-977-5555
Clinical Support Options	800-562-0112
205 School St., Gardner	

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Clearbrook Treatment Center ATS	800-582-6241
83 Hospital Rd., Templeton	
Haven Detox	508-826-6182
1369 Grafton St, Worcester	
New England Recovery Center	800-366-7732
154 Oak St., Westborough	
Spectrum Primary Care	508-898-1570
154 Oak St., Westborough	
Sunrise Detox	508-552-3096
29 Main St., Suite 200, Millbury	
Recovery Centers of America (RCA)	978-571-1700
9 Village Inn Rd., Westminster	
Washburn House ATS	844-588-3475
1183 Main St., Worcester	

Mental Health Medication Community Resources

CENTRAL REGION



Outpatient Programs

Mental Health Medications, Naltrexone and/or Buprenorphine Available

Acorn Health Services 112 Main Street, Suite 104, Northborough	508-691-6086	Recovery Centers of America at Westminster 9 Village Inn Road, Westminster	978-571-1700
Blue Hills Recovery LLC 474 Grove Street, Worcester	508-403-7877	SaVida Health 121 Lincoln Street, Worcester	508-890-0990
Community Healthlink 12 Queen Street, Worcester	508-860-1000	Spectrum Health Systems 176 Main Street, Southbridge	508-765-5940
Harrington Hospital Outpatient Recovery Services 176 Main Street, Southbridge	508-765-2725	585 Lincoln Street, Worcester	508-831-0045
Quabbin Retreat, Dana Day Treatment Center 211 North Main Street, Petersham	978-724-0010	40 Spruce Street, Leominster	978-466-3820
		50 Howe Ave, Millbury	508-865-2085
		475 Pleasant Street, Worcester	508-831-0045
		200 East Main Street, Milford	508-634-1877

Scan for MA Harm Reduction Program locations
(includes naloxone and syringe services)





ALERT

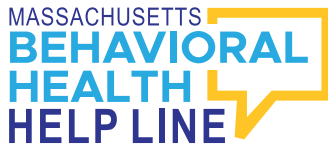


INDIVIDUALS NEEDING SERVICE DUE TO PROVIDER DISRUPTION



FREE ASSISTANCE HELPLINES

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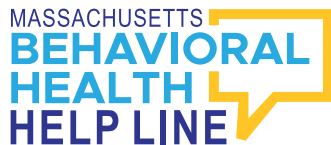


ALERT



I've lost access to my mental health medication. What do I do next?

1 Call:



Behavioral Health Help Line

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OR

2 Connect with:



Community Behavioral Health Center Mental health meds available

Community Behavioral Health Centers (CBHCs) are one-stop shops for a wide range of mental health and substance use services and treatment. The statewide network of CBHCs includes centers across Massachusetts that offer immediate, confidential care for mental health and substance use needs.

Crisis services are available around the clock for anyone in Massachusetts who feels they may be experiencing a mental health crisis. This 24/7 in-person crisis support can be used by anyone in Massachusetts, whether or not they have health insurance. CBHCs also offer day-to-day mental health and substance use services which are covered by all MassHealth plans and some commercial insurance plans. Find your local CBHC at mass.gov/CBHCs.



Benzodiazepine Withdrawal

Patients are prescribed benzodiazepines to improve anxiety, insomnia, or muscle spasm. They are used to treat active seizures and alcohol withdrawal. Common benzodiazepines brands include Klonopin, Ativan, Xanax, and Valium. Daily use of benzodiazepines can lead to physical tolerance. When benzodiazepines are stopped abruptly, withdrawal symptoms can be moderate, severe, or even fatal. These symptoms include: anxiety, tremors, irritability, insomnia, nausea/vomiting, heart palpitations, seizures, hallucinations, and death. Some patients may attempt to get benzodiazepines outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.

Stimulant Medication Withdrawal

Patients are prescribed stimulants for attention deficit disorders. Stimulant medications increase blood pressure, respiration, and heart rate. Common stimulant brands include: Ritalin, Adderall, Concerta, Vyvanse, and Dexedrine. Withdrawal symptoms include depressed mood, poor energy, anxiety, and cravings. While stimulant withdrawal seldom has life-threatening consequences, it can be emotionally and physically taxing and last up to 5 months. Some people may attempt to obtain stimulant medications outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.