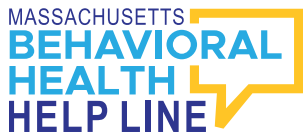


Mental Health Medication Community Resources

NORTHEAST REGION



Free Assistance Helplines



Behavioral Health Help Line

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. Call or Text 833-773-2445

The Massachusetts Substance Use Helpline

The Helpline provides the public with resource information about harm reduction, treatment, and recovery services for Substance Use Disorder available in Massachusetts and a warm hand-off to these programs when needed. Phone number: 800-327-5050. Website: helplinema.org.



BMC Addiction Warmline

The Warmline assists in providing rapid access to medications to treat opioid and alcohol use disorders including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), and other medications for alcohol use disorder and linkage to treatment on demand (including methadone) and referral to long term treatment. Phone number: 617-414-4175.



SafeSpot

SafeSpot provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that they are safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. Phone number: 800-972-0590. Website: safe-spot.me.



988

988 provides free, confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Phone Number: 988. Website: 988lifeline.org



Community Behavioral Health Centers Mental Health Medication Available

Beth Israel Lahey Health BH	877-255-1261
12 Methuen St., Lawrence	
Eliot Community Human Services	
95 Pleasant St., Lynn	800-988-1111
10 Harbor St., Danvers	866-523-1216
Vinfen	866-388-2242
391 Varnum Ave, Lowell	

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Baldpate Acute Treatment Service	978-352-2131
83 Baldpate Rd., Georgetown	
Conexiones Integrated ATS/CSS	857-293-2005
365 East St Saunders Building Unit C 2, Tewksbury	
Danvers Treatment Center, ATS	978-777-2121
111 Middleton Rd., Danvers	
Serenity at the Summit	855-761-0712
61 Brown St., Haverhill	
Recovery Centers of America, Danvers	978-767-2847
75 Lindall St. Danvers	
Tewksbury Treatment Center	978-259-7000
365 East Street, Tewksbury	

Mental Health Medication Community Resources

NORTHEAST REGION



Outpatient Programs

Mental Health Medications, Naltrexone and/or Buprenorphine Available

Catholic Charities Family Counseling and Guidance Center 280 Washington St., Salem	978-774-6820	Lowell Community Health Center 161 Jackson St., Lowell	978-746-7870
Center for Behavioral Health and Addiction Treatment Services 110 Haverhill Rd., Amesbury	978-834-6583	Lynn Community Health Center 269 Union St., Lynn	781-581-3900
Chapters Recovery Center, Inc. 85 Constitution Lane, Danvers	844-615-0087	Meta Addiction Treatment 55 Concord St. North Reading	844-909-2560
Bright View/Column Health 108 Merrimack St, Haverhill 290 Merrimack St, Lawrence 77 E Merrimack St, Lowell	339-368-7696	NFI Massachusetts, Inc. 76 Winter St., Haverhill	978-373-1181
Eliot Human Services 10 Harbor St., Danvers 173 Chelsea St., Everett 95 Pleasant St., Lynn	978-741-0140	RCA Danvers 75 Lindall St., Danvers	978-223-9300
Greater Lawrence Family Health Ctr 34 Haverhill St., Lawrence	978-686-0090	Elevate Recovery 267 Boston Rd., Billerica	877-592-2102
		Resolute Recovery 20 Central Ave, Lynn	513-335-3366
		Trinity Care Associates 100 Merrimack St., Lowell	978-455-0756
		Topsail Addiction Treatment, Inc. 140 Haverhill St., Andover	978-475-0002

Scan for MA Harm Reduction Program locations
(includes naloxone and syringe services)





ALERT

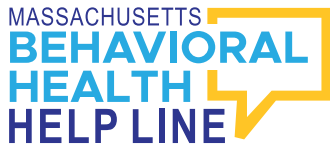


INDIVIDUALS NEEDING SERVICE DUE TO PROVIDER DISRUPTION



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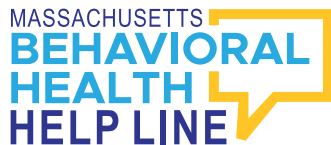


ALERT



I've lost access to my mental health medication. What do I do next?

1 Call:



Behavioral Health Help Line

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OR

2 Connect with:



Community Behavioral Health Center Mental health meds available

Community Behavioral Health Centers (CBHCs) are one-stop shops for a wide range of mental health and substance use services and treatment. The statewide network of CBHCs includes centers across Massachusetts that offer immediate, confidential care for mental health and substance use needs.

Crisis services are available around the clock for anyone in Massachusetts who feels they may be experiencing a mental health crisis. This 24/7 in-person crisis support can be used by anyone in Massachusetts, whether or not they have health insurance. CBHCs also offer day-to-day mental health and substance use services which are covered by all MassHealth plans and some commercial insurance plans. Find your local CBHC at mass.gov/CBHCs.



Benzodiazepine Withdrawal

Patients are prescribed benzodiazepines to improve anxiety, insomnia, or muscle spasm. They are used to treat active seizures and alcohol withdrawal. Common benzodiazepines brands include Klonopin, Ativan, Xanax, and Valium. Daily use of benzodiazepines can lead to physical tolerance. When benzodiazepines are stopped abruptly, withdrawal symptoms can be moderate, severe, or even fatal. These symptoms include: anxiety, tremors, irritability, insomnia, nausea/vomiting, heart palpitations, seizures, hallucinations, and death. Some patients may attempt to get benzodiazepines outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.

Stimulant Medication Withdrawal

Patients are prescribed stimulants for attention deficit disorders. Stimulant medications increase blood pressure, respiration, and heart rate. Common stimulant brands include: Ritalin, Adderall, Concerta, Vyvanse, and Dexedrine. Withdrawal symptoms include depressed mood, poor energy, anxiety, and cravings. While stimulant withdrawal seldom has life-threatening consequences, it can be emotionally and physically taxing and last up to 5 months. Some people may attempt to obtain stimulant medications outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.