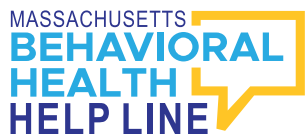


Mental Health Medication Community Resources

SOUTHEAST REGION



Free Assistance Helplines



Behavioral Health Help Line

The Behavioral Health Help Line (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. Call or Text 833-773-2445

The Massachusetts Substance Use Helpline

The Helpline provides the public with resource information about harm reduction, treatment, and recovery services for Substance Use Disorder available in Massachusetts and a warm hand-off to these programs when needed. Phone number: 800-327-5050. Website: helplinema.org.



BMC Addiction Warmline

The Warmline assists in providing rapid access to medications to treat opioid and alcohol use disorders including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), and other medications for alcohol use disorder and linkage to treatment on demand (including methadone) and referral to long term treatment. Phone number: 617-414-4175.



SafeSpot

SafeSpot provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that they are safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. Phone number: 800-972-0590. Website: safe-spot.me.



988

988 provides free, confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Phone Number: 988. Website: 988lifeline.org



Community Behavioral Health Centers Mental health meds available

High Point Treatment Center	888-725-9066
30 Meadowbrook Dr, Brockton	
Community Counseling of Bristol County	800-660-4300
1 Washington St, Taunton	
Child and Family Services	
1052 Pleasant Street, Fall River	508-676-5708
965 Church Street, New Bedford	508-984-5566
68 Industrial Park Rd, Plymouth	
Bay Cove Behavioral Health and Wellness	833-229-2683
116 Camp St, Hyannis	
Fairwinds Counseling Center SOA	508-228-2689
20 Vesper Lane, L-1, Gouin Village Nantucket	

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

High Point Acute Treatment Services	800-233-4478
1233 State Road, Plymouth	
108 North Front Street, New Bedford	
10 Meadowbrook Road, Brockton	
Southcoast Behavioral Health Dual Diagnosis	
581 Faunce Corner Road, Dartmouth	855-708-2308
Stanley Street Treatment And Resources	
386 Stanley Street, Fall River	

Mental Health Medication Community Resources

SOUTHEAST REGION



Outpatient Programs

Mental Health Medications, Naltrexone and/or Buprenorphine Available

Column Health/Sturdy Memorial 7B Railroad Ave, Attleboro	844-265-8661	Martha's Vineyard Community Services-Island Counseling 111 Edgartown Road, Oak Bluffs	508-693-7900
Community Counseling of Bristol County 1 Washington Street, Taunton	508-823-6124	New England Behavioral Health Services 1351 Main Street, Brockton	508-857-0239
Comprehensive Treatment Program (CTC) 180 Center Street, Brockton	508-586-6300	Outer Cape Health Services, Recovery Services 2700 Route 6, Wellfleet	508-349-3131
66 Main Street, Taunton	508-880-1598	710 Main Street, Harwich Port	508-432-1400
Emory Recovery Center LLC 150 Emory Street, Attleboro	401-626-0169	Recovering Champions LLC 279 Brick Kiln Road, Falmouth	508-388-7613
Fairwinds- Nantucket's Counseling Center 20 Vesper Lane, Nantucket	508-228-2689	Relief Recovery Center 15 Carlson Lane, Falmouth	508-388-6212
Foundations, LLC 800 Falmouth Road, Mashpee	508-326-6006	South Shore Recovery Center 182 Standish Ave, Unit 1, Plymouth	774-223-7170
Gifford Street Wellness Center, LLC 34 Gifford Street, New Bedford	508-999-3126	Steppingstone Outpatient Counseling 279 North Main Street, Fall River	508-679-0033
Gosnold Counseling Center 909 Sumner Street, Stoughton	508-584-5190	888 Purchase Street, Stes 402- 403, New Bedford	508-984-4155
1185 Falmouth Road, Barnstable	508-548-7118	Steward Morton Hospital, dba MorCAP 88 Washington Street, Taunton	508-698-1116
Health Care Resource Center 8 Kilburn Street, New Bedford	508-979-1122	The Bakari Program 157 Main Street, Brockton	781-344-0102
High Point Outpatient Clinic (OP) 30 Meadowbrook Road, Brockton	508-638-6022	Waterside Recovery 4 South Russell Street, Plymouth	774-488-9591
61 Industrial Park Road, Plymouth	508-830-1234	Whitman Counseling Center 288 Bedford Street, Whitman	781-447-6425
68 North Front Street, New Bedford	508-717-0550		

Scan here for MA Harm Reduction Program locations (includes naloxone and syringe services)





ALERT

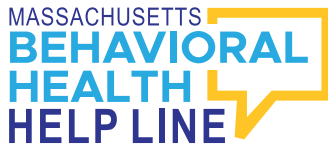


INDIVIDUALS NEEDING SERVICE DUE TO PROVIDER DISRUPTION



FREE ASSISTANCE HELPLINES

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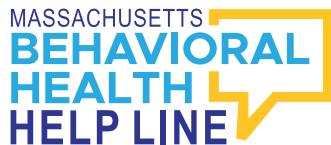
ALERT



I've lost access to my mental health medication. What do I do next?

1 Call:

Behavioral Health Help Line



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2 Connect with:



Community Behavioral Health Center Mental health meds available

OR

Community Behavioral Health Centers (CBHCs) are one-stop shops for a wide range of mental health and substance use services and treatment. The statewide network of CBHCs includes centers across Massachusetts that offer immediate, confidential care for mental health and substance use needs.

Crisis services are available around the clock for anyone in Massachusetts who feels they may be experiencing a mental health crisis. This 24/7 in-person crisis support can be used by anyone in Massachusetts, whether or not they have health insurance. CBHCs also offer day-to-day mental health and substance use services which are covered by all MassHealth plans and some commercial insurance plans. Find your local CBHC at mass.gov/CBHCs.



Benzodiazepine Withdrawal

Patients are prescribed benzodiazepines to improve anxiety, insomnia, or muscle spasm. They are used to treat active seizures and alcohol withdrawal. Common benzodiazepines brands include Klonopin, Ativan, Xanax, and Valium. Daily use of benzodiazepines can lead to physical tolerance. When benzodiazepines are stopped abruptly, withdrawal symptoms can be moderate, severe, or even fatal. These symptoms include: anxiety, tremors, irritability, insomnia, nausea/vomiting, heart palpitations, seizures, hallucinations, and death. Some patients may attempt to get benzodiazepines outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.

Stimulant Medication Withdrawal

Patients are prescribed stimulants for attention deficit disorders. Stimulant medications increase blood pressure, respiration, and heart rate. Common stimulant brands include: Ritalin, Adderall, Concerta, Vyvanse, and Dexedrine. Withdrawal symptoms include depressed mood, poor energy, anxiety, and cravings. While stimulant withdrawal seldom has life-threatening consequences, it can be emotionally and physically taxing and last up to 5 months. Some people may attempt to obtain stimulant medications outside of their prescription if they lose access to their prescriber. Fentanyl may be present in any drug that is not obtained from a pharmacy. Fentanyl is often found in counterfeit benzodiazepines and can raise the risk of a deadly overdose.