

# FREE ASSISTANCE HELPLINES



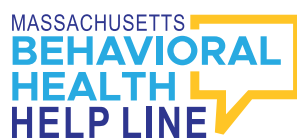
## The Massachusetts Substance Use Helpline

Provides the public with resource information about harm reduction, treatment, and recovery services for substance use disorder available in Massachusetts and a warm hand off to these programs when needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website \(helplinema.org\)](http://helplinema.org).



## 988: Suicide & Crisis Lifeline

Provides free and confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 988 or [visiting their website \(988lifeline.org\)](http://988lifeline.org).



## Behavioral Health Help Line

Provides the public the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. The line is free and available 24/7, 365 days a year via call, text or chat. By phone: 833-773-2445 or [visiting their website \(masshelpline.com\)](http://masshelpline.com).



## BMC Addiction Warmline

Provides rapid access to medications to treat opioid use disorder including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), linkage to treatment on demand (including methadone) and referral to long term care. The line is free and available 24/7, 365 days a year via call. Depending on time, may receive call-back after leaving message. Phone number: 617-414-4175.



## Family Residential Treatment Intake & Pregnant Women's Access

Toll-free line for pregnant women affected by substance use disorders. Pregnant individuals are counseled intensively over the telephone, interim services are also provided until placed in DPH-funded program with beds for pregnant and postpartum women. The line also coordinates the assessment and referral process for families in need of residential substance use disorder treatment. Phone number: 866-705-2807.

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## SafeSpot



Provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that it is safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. By phone: 800-972-0590 or [visiting their website](https://www.safe-spot.me) (safe-spot.me).

## The Massachusetts Problem Gambling Helpline



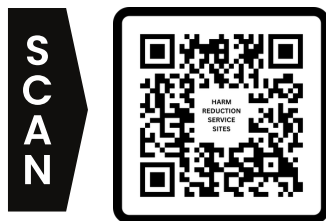
Provides information about the risks and signs of problem gambling, and offers links to treatment and other resources to help you or your loved one start on the path to recovery. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website](https://www.gamblinghelplinema.org) (gamblinghelplinema.org).

## SafeLink



Provides resources, support, and safety planning to anyone affected by domestic or intimate partner violence. Each call is answered by a trained advocate who provides nonjudgmental support, assistance with safety planning, and information on appropriate resources. The line is toll-free and available 24/7/365 by phone or chat. By phone: 877-785-2020 or [visiting their website](https://www.casamyrna.org/get-support/safelink) (casamyrna.org/get-support/safelink).

MA Harm Reduction Program  
locations (includes naloxone and  
syringe services)



Peer Recovery Support Centers



# BOSTON REGION TREATMENT RESOURCES



## Office-Based Addiction Treatment Programs (OBATs)

Massachusetts General Hospital, Charlestown Healthcare Center, 617-724-8135, 73 High St, Charlestown, Chelsea Healthcare Center, 617-884-830051, Everett Ave, Chelsea, Revere Healthcare Center, 781-485-6000, 300 Ocean Ave, Revere  
Cambridge Health Alliance, 857-523-0053, CHA East Cambridge Care Center, 163 Gore St, Cambridge; CHA Windsor St Care Center, 119 Windsor St, Cambridge;  
Cambridge Family Health, 2067 Massachusetts Ave, Cambridge  
Dimock Community Health Center, 617-442-8800, 45 Dimock St, Roxbury  
DotHouse Health, 617-568-6260, 1353 Dorchester Ave, Dorchester  
NeighborHealth, 617-568-4600, 20 Maverick Square, East Boston; 10 Gove St, Boston; 409 W Broadway, Boston  
Eliot Center at Everett, 781-388-6200, 173 Chelsea St, Everett  
Fenway Community Health Center, 617-927-6202, 1340 Boylston St Boston  
Boston Medical Center, OBAT Clinic, 617-414-4107, 801 Massachusetts Ave, 5th Flr  
Family Medicine 617-414-2080, 11 Melnea Cass, Boston;  
CATALYST (Youth), 617-414-6655, 801 Massachusetts Ave, 7th Floor;  
Psychiatry, 617-414-4238, 801 Massachusetts Ave, 1st Floor;  
Primary Care, 617-414-5951, 801 Massachusetts Ave, 5th and 6th Floor; Project Respect (Obstetrics), 617-414-6376, 725 Albany St, 5th Floor  
Gtr Roslindale Medical and Dental Ctr, 617-323-4440, 4199 Washington St, Roslindale

## Community Behavioral Health Centers, Mental Health meds, Buprenorphine Available

Boston Medical Center CBHC, 800-981-4357, 85 E Newton St, Boston  
North Suffolk Community Services, 888-309-1989, 14 Porter St, East Boston  
Cambridge Health Alliance CBHC, 833-222-20304, 1493 Cambridge St, Cambridge

## 24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Faulkner Addiction Recovery Program, 617-983-7060, # 2 1153 Centre St 6-North, Boston  
Andrew House Boston, 617-318-5600, 170 Morton St 4, South Boston  
Arbour North 2 Dual Diagnosis Unit, 833-310-2687, 49 Robinwood Ave Boston  
Bournewood Hospital, 617-469-0300, 300 South St Brookline  
BMC Brighton Comprehensive Addiction Prgrm, 617-789-2574, 36 Cambridge St, Boston  
Dimock Substance Abuse Treatment, 617-442-8800, # 1320, 41 Dimock St, Boston  
HRI Hospital Dual Diagnosis Unit, 617-390-1320, 227 Babcock St, Brookline  
Rosie's Place, 617-275-8861, 113 Central Ave, Boston

# BOSTON REGION TREATMENT RESOURCES



## Outpatient Programs, Naltrexone and/or Buprenorphine Available

Addiction Treatment Center of NE, 617-254-1271, 77-F Warren St Bldg #5  
Arbour Counseling Center Allston, 617-782-6460, 14 Fordham Rd  
Arbour Counseling Jamaica Plain, 617-524-1120, 157 Green St  
Casa Esperanza's Familias Unidas, 617- 445-1123, 245 Eustis St  
Children's Adolescent Substance Use and Addiction Program (ASAP), 617-355-2727,  
Boston Children's Hospital, 2 Brookline Place - 2 BP  
Codman Square Health Center Substance Use, 617-825-9660, 637 Washington St  
East Boston Addiction Services, 617-568-6260, 79 Paris St  
Faulkner Hospital- Addiction Recovery, 617-983-7474, 1153 Centre St 2nd floor  
Gavin Center for Recovery Services OP, 617-268-5000, 210 Old Colony Ave  
Intensive OP Substance Treatment, 617-541-1829, 55 Warren St  
Joseph Nee Collaborative Center (BPHC), 617-534-9500, 1226 Columbia Rd A  
Mattapan Community Health Center, 617-296-0061, 1575 Blue Hill Ave  
Noddles Island Multi-Service Agency, 617-569-7310, 14 Porter St  
Upham's Corner Health Center Addiction Services, 617-287-8000, 415 Columbia Rd  
West End Clinic Addiction Services (MGH), 617-724-2480, 100 Blossom St, Cox 1  
Whittier St Health Center, 617-427-1000, 1290 Tremont St

## Opioid Treatment Program (OTPs) Methadone and Buprenorphine Available

Addiction Treatment Center of NE 617-254-1271, 77-F Warren St, Boston  
BayCove NT, 617-371-3030, 66 Canal St 1st and 4th Floor, Boston  
Habit Opco Boston ,617-442-1499, 99 Topeka St, Boston  
Health Care Resource Centers 617-318-6480, 23 Bradston St, Boston; 617-889-8779,  
175 Crescent Ave, Chelsea; 617-541-3670, 170 Morton St, Boston

## Bridge Clinic Naltrexone and/or Buprenorphine Available

MGH Bridge Clinic, 617-643-8281, 55 Fruit St, Cox 1, Suite 110  
Brigham & Women's Hospital Bridge Clinic, 617-278-0172, 75 Francis St, Ste 159,  
Boston Medical Center Faster Paths, 617-414-4580, 850 Harrison Ave, 1st Flr, RM 1N64

## Stimulant Treatment and Recovery Team Programs

High Point Treatment Center, 508-717-0550, 68 North Front St, New Bedford  
Boston Medical Center, 617-414-7490, 11 Melnea Cass Blvd, 1st Flr, Boston  
Center for Human Development, 844-243-4357, 367 Pine St, Springfield