

# FREE ASSISTANCE HELPLINES



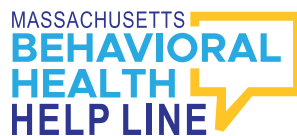
## The Massachusetts Substance Use Helpline

Provides the public with resource information about harm reduction, treatment, and recovery services for substance use disorder available in Massachusetts and a warm hand off to these programs when needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website \(helplinema.org\)](http://helplinema.org).



## 988: Suicide & Crisis Lifeline

Provides free and confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 988 or [visiting their website \(988lifeline.org\)](http://988lifeline.org).



## Behavioral Health Help Line

Provides the public the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. The line is free and available 24/7, 365 days a year via call, text or chat. By phone: 833-773-2445 or [visiting their website \(masshelpline.com\)](http://masshelpline.com).



## BMC Addiction Warmline

Provides rapid access to medications to treat opioid use disorder including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), linkage to treatment on demand (including methadone) and referral to long term care. The line is free and available 24/7, 365 days a year via call. Depending on time, may receive call-back after leaving message. Phone number: 617-414-4175.



## Family Residential Treatment Intake & Pregnant Women's Access

Toll-free line for pregnant women affected by substance use disorders. Pregnant individuals are counseled intensively over the telephone, interim services are also provided until placed in DPH-funded program with beds for pregnant and postpartum women. The line also coordinates the assessment and referral process for families in need of residential substance use disorder treatment. Phone number: 866-705-2807.

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## SafeSpot



Provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that it is safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. By phone: 800-972-0590 or [visiting their website](https://www.safe-spot.me) (safe-spot.me).

## The Massachusetts Problem Gambling Helpline



Provides information about the risks and signs of problem gambling, and offers links to treatment and other resources to help you or your loved one start on the path to recovery. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website](https://www.gamblinghelplinema.org) (gamblinghelplinema.org).

## SafeLink



Provides resources, support, and safety planning to anyone affected by domestic or intimate partner violence. Each call is answered by a trained advocate who provides nonjudgmental support, assistance with safety planning, and information on appropriate resources. The line is toll-free and available 24/7/365 by phone or chat. By phone: 877-785-2020 or [visiting their website](https://www.casamyrna.org/get-support/safelink) (casamyrna.org/get-support/safelink).

MA Harm Reduction Program  
locations (includes naloxone and  
syringe services)



Peer Recovery Support Centers



# CENTRAL REGION TREATMENT RESOURCES



## Office-Based Addiction Treatment Programs (OBATs)

Community Healthlink, 508-860-1000, 72 Jacques Ave, Worcester  
978-534-6116, 40 Spruce St, 2nd Floor, Leominster  
Edward M. Kennedy Community Health Ctr., 508-852-1805, 19 Tacoma St, Worcester  
508-370-0113, 354 Waverly St, Framingham  
508-270-5750, 41 Cape Rd, Milford  
Family Health Center of Worcester, 508-860-7700, 26 Queen St, Worcester  
UMass Memorial Medical Center, 855-862-7763, 151 Worcester Rd, Barre  
Community Health Connections, 978-878-8100,  
Fitchburg Community Health Center 326 Nichols Rd, Fitchburg; Gardner Community  
Health Center 175 Connors St, Gardner; Leominster Community Health Center 165 Mill  
St, Leominster; 14 Manning Ave, Leominster; ACTION Community Health Center 130  
Water S, Fitchburg

## Community Behavioral Health Centers, Mental Health meds, Buprenorphine Available

Riverside Community Care, 800-294-4665 176 West St, Milford  
Community Healthlink, 866-549-2142, 12 Queen St, Worcester;  
800-977-5555, 40 Spruce St, Leominster  
Clinical Support Options, 800-562-0112, 205 School St, Gardner

## 24-hour Diversionary Medically Managed Withdrawal Management (Detox)

AdCare Hospital, 325-230-6381, 107 Lincoln St, Worcester  
Haven Detox, 508-826-6182 1369, Grafton St, Worcester  
Grove Recovery Center, 978-833-6333, 50 Grove Ave, Leominster  
New England Recovery Center, 800-366-7732, 154 Oak St, Westborough  
Spectrum Primary Care, 508-898-1570, 154 Oak St, Westborough  
Spring Hill Recovery Center, 978-913-2510, 250 Spring Hill Rd, Ashby  
Sunrise Detox, 508-552-3096, 29 Main St, Suite 200, Millbury  
Recovery Centers of America, 978-571-1700, 9 Village Inn Rd, Westminster  
Washburn House ATS, 844-588-3475, 1183 Main St, Worcester

## Opioid Treatment Program (OTPs) Methadone and Buprenorphine Available

Habit Opco, 978-343-6300, 155 Airport Rd, Fitchburg  
Harrington Mem Hospital Addiction Clinic, 508-765-2725, 340 Thompson Rd, Webster  
Spectrum Health Systems, 508-634-1877, 176 Main St, Southbridge; 297 Hamilton St,  
Leominster; 1023 Main St, Worcester; 585 Lincoln St, Worcester; 200 East Main St,  
Milford; 50 Howe Ave, Millbury

# CENTRAL REGION TREATMENT RESOURCES



## Outpatient Programs, Naltrexone and/or Buprenorphine Available

Acorn Health Services, 508-691-6086, 112 Main St, Suite 104, Northborough  
AdCare Hospital, 401-593-8646, 95 Lincoln St, Worcester  
Blue Hills Recovery, LLC, 508-403-7877, 474 Grove St, Worcester  
Community Healthlink, 508-860-1000, 12 Queen St, Worcester  
Harrington Hospital Outpatient Recovery Svcs, 508-765-2725, 176 Main St, Southbridge  
New Hope Behavioral Health LLC, 508-762-9533, 33 Waldo St, Worcester  
Nashoba Springs Recovery Center, 603-721-2524, 100 Boston Rd Suite DE  
Quabbin Retreat, Dana Day Treatment Ctr, 978-724-0010, 211 North Main St, Petersham  
Recovery Centers of America, 978-571-1700, 9 Village Inn Rd, Westminster  
SaVida Health, 508-890-0990, 121 Lincoln St, Worcester  
Spectrum Health Systems, 508-765-5940, 176 Main St, Southbridge;  
508-831-0045, 585 Lincoln St, Worcester; 978-466-3820, 40 Spruce St, Leominster;  
508-865-2085, 50 Howe Ave, Millbury; 508-831-0045, 1023 Main St, Worcester;  
508-634-1877, 200 East Main St, Milford

## Stimulant Treatment and Recovery Team Programs

High Point Treatment Center 508-717-0550, 68 North Front St, New Bedford  
Boston Medical Center 617-414-7490, 11 Melnea Cass Blvd, 1st Flr, Boston  
Center for Human Development, 844-243-4357, 367 Pine St, Springfield

## Office-Based Opioid Treatment Programs (OBOTs)

CleanSlate Centers, 508-471-5600, 165 Mill St, Leominster; 411 Chandler St, Worcester  
Eleanor Health Professionals MA, 617-785-5191, 108 Grove St, Worcester  
SaVida Health, 508-890-0990, 121 Lincoln St, Worcester  
The Counseling Center at Millbury, 508-581-5244 29 North Main St, Millbury