

FREE ASSISTANCE HELPLINES



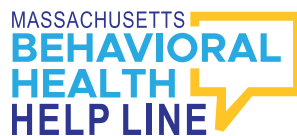
The Massachusetts Substance Use Helpline

Provides the public with resource information about harm reduction, treatment, and recovery services for substance use disorder available in Massachusetts and a warm hand off to these programs when needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website \(helplinema.org\)](http://helplinema.org).



988: Suicide & Crisis Lifeline

Provides free and confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 988 or [visiting their website \(988lifeline.org\)](http://988lifeline.org).



Behavioral Health Help Line

Provides the public the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. The line is free and available 24/7, 365 days a year via call, text or chat. By phone: 833-773-2445 or [visiting their website \(masshelpline.com\)](http://masshelpline.com).



BMC Addiction Warmline

Provides rapid access to medications to treat opioid use disorder including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), linkage to treatment on demand (including methadone) and referral to long term care. The line is free and available 24/7, 365 days a year via call. Depending on time, may receive call-back after leaving message. Phone number: 617-414-4175.



Family Residential Treatment Intake & Pregnant Women's Access

Toll-free line for pregnant women affected by substance use disorders. Pregnant individuals are counseled intensively over the telephone, interim services are also provided until placed in DPH-funded program with beds for pregnant and postpartum women. The line also coordinates the assessment and referral process for families in need of residential substance use disorder treatment. Phone number: 866-705-2807.

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SafeSpot



Provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that it is safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. By phone: 800-972-0590 or [visiting their website](https://www.safe-spot.me) (safe-spot.me).

The Massachusetts Problem Gambling Helpline



Provides information about the risks and signs of problem gambling, and offers links to treatment and other resources to help you or your loved one start on the path to recovery. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website](https://www.gamblinghelplinema.org) (gamblinghelplinema.org).

SafeLink



Provides resources, support, and safety planning to anyone affected by domestic or intimate partner violence. Each call is answered by a trained advocate who provides nonjudgmental support, assistance with safety planning, and information on appropriate resources. The line is toll-free and available 24/7/365 by phone or chat. By phone: 877-785-2020 or [visiting their website](https://www.casamyrna.org/get-support/safelink) (casamyrna.org/get-support/safelink).

MA Harm Reduction Program
locations (includes naloxone and
syringe services)



Peer Recovery Support Centers



METROWEST REGION TREATMENT RESOURCES



Office-Based Addiction Treatment Programs (OBATs)

Cambridge Health Alliance OBAT Program, 617-591-6000,
163 Gore St, Cambridge; 119 Windsor St, Cambridge;
2067 Massachusetts Ave, Cambridge
Edward M. Kennedy Community Health Ctr., 354 Waverly St, Framingham;
508-370-0113; 41 Cape Rd, Milford, 508-270-5750
Manet Community Health Center, 617-376-3000, 110 West Squantum St, N Quincy

Stimulant Treatment and Recovery Team Programs

High Point Treatment Center, 508-717-0550, 68 North Front St, New Bedford
Boston Medical Center, 617-414-7490, 11 Melnea Cass Blvd, 1st Flr, Boston
Center for Human Development, 844-243-4357, 367 Pine St, Springfield

Community Behavioral Health Centers, Mental Health meds, Buprenorphine Available

Advocates, 800- 640-5432, 675 Main St, Waltham; 1094 Worcester Rd, Framingham
Riverside Community Care, 800-529-5077, 190 Lenox St, Norwood
Aspire, 800-528-4890 460, Quincy Ave, Quincy
Cambridge Health Alliance, 833-222-2030, 1493 Cambridge St, Cambridge

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Bedrock Rehab LLC, 617-657-2877, 1 Meadowbrook Way, Canton
Charles River Recovery, 888-616-5344, 75 Norumbega Rd, Weston
Evoke Wellness at Cohasset, 866-931-8495, 1 Chief Justice Cushing Hwy, Cohasset
Gavin Quincy ATS/CSS, 617-845-5785, 43 Old Colony Ave Quincy
Hillside Detox, 781-332-413, 188 Florence St, Newton
McLean Hospital, 617-855-3141, 115 Mill St, Belmont
Mayflower Recovery Center, 978-737-7937, 362 Middlesex Ave, Wilmington
Spectrum, New England Recovery Center, 800-366-7732, 154 Oak St, Westborough
Pyramid Healthcare Boston Detox, 814-318-8497 75 Main St Concord

Opioid Treatment Program (OTPs) Methadone and Buprenorphine Available

Behavioral Health Network, 978-488-0425, 401 Highland Ave, Somerville
Health Care Resource Centers, 781-838-6757, 9 Forbes Rd, Woburn
North Charles Institute for Addictions, 617-661-5700, 1493 Cambridge St, Cambridge
Spectrum Health Systems, 508-875-5801, 68 Franklin St, Framingham; 781-331-
0690, 178 Winter St, Weymouth/ 781-290-4970, 210 Bear Hill Rd, Waltham

METROWEST REGION TREATMENT RESOURCES



Outpatient Programs, Naltrexone and/or Buprenorphine Available

Addictions Recovery Program, 978-287-3520 133 ORNAC, Concord
Advocates Community Counseling, 508-485-9300 340 Maple St, Marlborough
Arbour Counseling Services, 781-932-8114 10-I Rossler Rd, Woburn
Arbour Elder Services, Inc., 781-871-6550 384 Washington St, Norwell
Bay State Community Services, 617-471-8400 1120 Hancock St, Quincy
Cambridge Health Alliance, 617-591-6051 26 Central St, Somerville
Charles River Recovery, 508-826-6182 75 Norumbega Rd
ECR OpCo, 781-468-8920, 215 Chief Justice Cushing Highway, Cohasset
Epiphany Wellness MA, 978-519-7162 257, Turnpike Rd, Suite 200, Southborough
Engage Wellness Acton LLC, 978-797-8140164, Great Rd, Acton
Greater Boston Addiction Center, 781-471-5656, 322 Reservoir St, Needham
Insight Recovery Treatment Ctr LLC., 781-358-8094, 7 Mckay Ave-
MAP Day TX, Inc., 617-774-0331 300, Congress Street Suite104, Quincy
McLean Hospital Belmont HCQ, 617-855-2106, 115 Mill St, Belmont
Mt. Auburn Prevention and Recov Center ,617-499-5051, 330 Mt Auburn St, Cambridge
New England Medical Group, 617-916-5069, 210 Whiting St, Hingham
New Horizons Medical PC, 508-872-0700,
214 Howard St, Framingham; 500 Congress St, Quincy
Northeast Family Services, 781-769-2655, 55 Providence Highway, Norwood
Northstar Recovery Center, 888-311-0911, 132 Turnpike Rd, Southborough
On Call Treatment, 781-317-0005, 564 Main St, Waltham
Paramount Recovery Centers, 603-630-9023, 120 Turnpike Rd, Southborough
Perinatal Behavioral Health Program, 781-624-5065, 797 Main St, Weymouth
North Charles Impact Outpatient, 617-661-5700, 54 Washburn Ave, Cambridge
Riverside OP Center at Norwood, 781-769-8670, 190 Lenox St, Norwood
Rockland Recovery Treatment Centers, 855-732-484, 400A Franklin St, Braintree
SMOC Behavioral Healthcare, 508-879-2250, 7 Bishop St, Framingham,
Spectrum Health Systems, 508-875-5801, 68 Franklin St, Framingham; 781-290-4970, 10
Bear Hill Rd, Waltham; 781-331-0690, 178 Winter St, Weymouth
Square Medical Group, 617-916-5069, 884 Washington St, Weymouth
Substance Abuse Services, 978-369-1119, 86 Baker Ave, Concord
VOA Behavioral Health Services, 617-770-9690, 1419 Hancock St, Quincy