

FREE ASSISTANCE HELPLINES



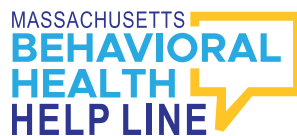
The Massachusetts Substance Use Helpline

Provides the public with resource information about harm reduction, treatment, and recovery services for substance use disorder available in Massachusetts and a warm hand off to these programs when needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website \(helplinema.org\)](http://helplinema.org).



988: Suicide & Crisis Lifeline

Provides free and confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 988 or [visiting their website \(988lifeline.org\)](http://988lifeline.org).



Behavioral Health Help Line

Provides the public the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. The line is free and available 24/7, 365 days a year via call, text or chat. By phone: 833-773-2445 or [visiting their website \(masshelpline.com\)](http://masshelpline.com).



BMC Addiction Warmline

Provides rapid access to medications to treat opioid use disorder including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), linkage to treatment on demand (including methadone) and referral to long term care. The line is free and available 24/7, 365 days a year via call. Depending on time, may receive call-back after leaving message. Phone number: 617-414-4175.



Family Residential Treatment Intake & Pregnant Women's Access

Toll-free line for pregnant women affected by substance use disorders. Pregnant individuals are counseled intensively over the telephone, interim services are also provided until placed in DPH-funded program with beds for pregnant and postpartum women. The line also coordinates the assessment and referral process for families in need of residential substance use disorder treatment. Phone number: 866-705-2807.

FREE ASSISTANCE HELPLINES



SafeSpot



Provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that it is safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. By phone: 800-972-0590 or [visiting their website](https://www.safe-spot.me) (safe-spot.me).

The Massachusetts Problem Gambling Helpline



Provides information about the risks and signs of problem gambling, and offers links to treatment and other resources to help you or your loved one start on the path to recovery. The line is free and available 24/7, 365 days a year via phone call, text, or chat. By phone: 800-327-5050 or [visiting their website](https://www.gamblinghelplinema.org) (gamblinghelplinema.org).

SafeLink



Provides resources, support, and safety planning to anyone affected by domestic or intimate partner violence. Each call is answered by a trained advocate who provides nonjudgmental support, assistance with safety planning, and information on appropriate resources. The line is toll-free and available 24/7/365 by phone or chat. By phone: 877-785-2020 or [visiting their website](https://www.casamyra.org/get-support/safelink) (casamyra.org/get-support/safelink).

MA Harm Reduction Program
locations (includes naloxone and
syringe services)



Peer Recovery Support Centers



WESTERN REGION TREATMENT RESOURCES



Office-Based Addiction Treatment Programs (OBATs)

Baystate Medical Center, 413-794-0000, 380 Plainfield St, Springfield
Caring Health Center, 413-739-1100, 1049 Main St, Springfield
Holyoke Health Center, 413-420-2200, 30 Maple St, Holyoke
Brien Center, 413-499-0412 ext. 1560, 51 Fenn St, Pittsfield;
124 American Legion Drive, North Adams

Office-Based Opioid Treatment Programs (OBOTs)

CleanSlate Centers, 413- 584-2173, 900 Memorial Ave, West Springfield
53 Eagle St, Pittsfield, 1 Arch Place, Greenfield;
306 Race St, Holyoke, 211 State St, Belchertown
201 South Main St, Athol, 1985 Main St, Springfield; 77 Hospital Ave, North Adams
SaVida Health, PC 413-732-0040, 50 Union St, West Springfield;
42 Summer St, Pittsfield; 77 Hospital Ave, North Adams
OnCall Healthy Living Program, 413-584-7425, 51 Locust St, Northampton;
568 Main St, Springfield

Community Behavioral Health Centers, Mental Health meds, Buprenorphine Available

Clinical Support Options, 800-562-0112, 2033 Main St, Athol;
1 Arch Place, Greenfield, 8 Atwood Dr, Northampton
Center for Human Development, 833-243-8255, 1109 Granby Rd, Chicopee
Behavioral Health Network WellBeing Ctr, 800-437-5922; 417 Liberty St, Springfield;
77 Mill St, Westfield
Brien Center, 800-252-0227, 334 Fenn St, Pittsfield

24-hour Diversionary Medically Managed Withdrawal Management (Detox)

Berkshire Mountain Health, 877-567-6405, 446 Monterey Rd, Great Barrington
Carlson Recovery Center, 413-733-1431, 471 Chestnut St, Springfield
McGee Unit 413-445-9228, 725 North St McGee Unit - 2 Jones, Pittsfield
New View, 413-223-5072, 21 Kenwood St, Greenfield
Swift River, 888-451-5895, 151 South St, Cummington
The Retreat of Boston, 413-299-2485, 14 Chestnut Pl., 3rd Floor, Ludlow

Stimulant Treatment and Recovery Team Programs

High Point Treatment Center, 508-717-0550, 68 North Front St, New Bedford
Boston Medical Center, 617-414-7490, 11 Melnea Cass Blvd, 1st Flr, Boston
Center for Human Development, 844-243-4357, 367 Pine St, Springfield

WESTERN REGION TREATMENT RESOURCES



Outpatient Programs, Naltrexone and/or Buprenorphine Available

ADMHA Substance Abuse and Recovery Services, 413-266-2207,
605 State St, Springfield
Baystate Wing Hospital, 413-370-5285, 40 Wright St, Palmer
BestLife, 413-233-5323, 1 Federal St, Springfield
CHD Outpatient Behavioral Health Services, 413-737-1426, 367 Pine St, Springfield;
102 Main St, Greenfield
Compass Recovery, 413-861-0680, 975A Springfield St, Agawam
Gandara Mental Health Center, 413-736-0395, 2155 Main St, Springfield
MiraVista Behavioral Health Center, 413-701-2600, 1233 Main St, Holyoke
Quabbin Retreat Dana Treatment Ctr, 978-724-0010, 211 North Main St, Petersham
River Valley Counseling Center, 413-540-1128, 303 Beech St, Holyoke
ServiceNet Outpatient Programs, 413-772-2935, 55 Federal St, Greenfield
Spectrum Health Systems, 413-347-4647, 290 Park St, Great Barrington
The Brien Center for Mental Health, 413-499-0412, 333 East St, Pittsfield

Opioid Treatment Program (OTPs) Methadone and Buprenorphine Available

Behavioral Health Network, 413-223-5072, 21 Kenwood St, Greenfield
413-532-0389, 235 Maple St, Holyoke; 978-674-7240, 119 New Athol Rd, Orange;
413-272-1333, 395 Liberty St, Springfield
Habit Opco 413-733-3488, 511 East Columbus Ave, Springfield
Health Care Resource Centers, 413-584-2404, 441 Pleasant St, Northampton;
413-746-0051, 628 Center St, Chicopee; 413-568-6600, 130 Southampton Rd, Westfield
413-774-3321, 50 Miles St, Greenfield
MiraVista Behavioral Health Center, 413-701-2600, 1233 Main St, Holyoke
Spectrum Health Systems, 413-347-4647, 290 Park St, Great Barrington;
413-664-9024, 1274 Curran Hwy, North Adams; 413-442-0402, 390 Merrill Rd, Pittsfield

Bridge Clinic Naltrexone and/or Buprenorphine Available

Holyoke Medical Center Comprehensive Care Center, 413-535-4889,
3575 Beech St, Suite 402, Holyoke